

Report from the short-time fellowship at the the National Medical Research Center for Obstetrics, Gynecology and Perinatology, Moscow, Russia (October 2017).

During first two weeks of October I had an opportunity to participate in the short fellowship offered from the the Russian Society of Obstetricians and Gynecologists and the Research Center for Obstetrics, Gynecology and Perinatology, Moscow, Russia.

In comparison to Slovakia – the country of my origin and where I do my speciality training in Obstetric-Gynaecology, there is no similar center regarding the size, number of deliveries, surgeries, complexity of cases and emphasis to research, so for me this was a really unique experience to see the everyday-life of a big university-based center. Throughout my whole stay, my contact person and head of international cooperation department Dr. Ekaterina Yarotskaya was very helpful and made my stay very pleasant. After my arrival to Moscow, I was provided a supervisor - Dr. Andrey Romanov, he showed me the medical center and was accompanying me the first days to get familiar with individual departments.

During first week I spend some days at the department of high risk pregnancy, where I was assigned to Dr. Kamilla Muminova who accompanied me at the department. I was participating at the daily rounds with the head of the department and took part in many interesting conversations about the similarities and differences of management of the high risk pregnancy in our countries.

In the afternoons I was given an opportunity to join scientific and training seminar held at the center for international group of medical specialists with topic "how to reduce maternal and infant mortality rate" and participate in the lectures. The rest of the first week and during the second week I was assigned to the Department of innovative oncogynaecology and surgery and had an opportunity to join the surgical team and assist during the surgeries led by the head of the department Dr. Grigory Khabas. This experience and time spent at the operating theater with Dr. Khabas and his team of surgeons I find invaluable. Miniinvasive laparoscopic surgery is the field of my interest and the variety and complexity of the cases was very interesting. I felt very welcomed by the trainees and senior doctors from the center and I had many possibilities to engage in conversations where we compared and shared our clinical, educational and personal experiences of our training and day-to-day work.

In conclusion, the time spent at the center enriched my professional life but also gave me an opportunity to see the cultural and historical monuments of the capital city Moscow and enabled me to make new friendships among the russian trainees.

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