

Report JAPAN ENTOG-EBCOG experience!

I had the honour of being able to participate in the exchange in Japan, which I would describe as one of the unforgettable experiences of my life.

The welcome and organisation given to us by the Japanese professors and colleagues was admirable in every aspect.

From the very first day, we were warmly hosted by everyone on the tour hospital. We had the opportunity to take a tour of the Japanese Red Cross Medical Centre, one of the best hospitals in the city. We were given a presentation showing the highlights of the hospital.



From the presentation, the impression was that the Japanese Red Cross Medical Centre was indeed an excellent centre with the ability to provide women with maximum care. We had the opportunity to take a tour of the operating theatres and delivery rooms, some of which had a water birthing tub, and each room was large enough for family members to attend and stay with the patients. The operating theatres were well organised with a barcode patient recognition system at the entrance. As operative delivery in the centre they mainly used vacuum rather than forceps. There is a distinction between the rooms according to pregnancy risk and an operating room next to the labour rooms. Surprising is that the midwives also provide the possibility of performing massages on the patients after the delivery, I think this is the peculiarity that most, as westerners, amazed us.



After the hospital tour we were taken to a really nice hotel within walking distance of the centre where the congress had been organised, where fantastic gifts kindly offered by the president and vice-president of JSOG awaited us.

The congress days were very interesting with international speakers addressing various topics

The day we had our discussion was very fruitful comparing our reality in the field of prenatal diagnosis with really good colleagues from all over the world and assessing the differences between countries.



Wonderful was the hospitality offered by all the JSOG guys who complemented us and organised various events outside the congress in order to fully appreciate Japanese culture. Unforgettable was the night-time experience at the onsen, karaoke with both the professors and also with only the guys, and the dinner with the guys in a typical restaurant in Yokohama with a breathtaking view. Also wonderful was the tour of Tokyo in particular to the Tokyo museum and the Asakusa temple and the super typical Japanese restaurant at the end of the day.





Finally, infinite thanks are due to the members of EBCOG the president and the other members, the ENTOG executive who selected me, allowing me to live an experience that I will carry in my heart all my life and for which I will always be infinitely grateful.

Infinite thanks also to the JSOG President, the professors and all the people who participated in the perfect organization of this event, they were impeccable and allowed us to live a unique experience with the best comforts we could have. I am also grateful to have found new friends with whom we are now able to communicate and discuss gynecological and non-gynecological issues.



Japan and the Japanese are a unique country that cannot fail to leave you impressed after visiting it, there is in them a great sense of respect towards others which is now so difficult to find in other countries and for which they are certainly to be admired and taken from example. Precision is another important aspect of their culture.

THANK YOU SO MUCH

Fabiana Interlandi